

Eagle Point Nature News www.epbrparkscouncil.org

Adventure Awaits....



Spring 2023 Edition

Kathy Schwengler, Education & Outreach Coordinator, Eagle Point-Blue Rapids Parks Council

Spring - Its Nature's way of saying, "Heh! Let's party!"

Robin Williams

What does spring mean to you?

Is it the sound of geese honking overhead as they return from the south or the robins poking around on the still spongy grass, hoping for a worm? Maybe it's a pair of new rubber boots, splashing through potholes of mucky water?

Spring is those things, plus getting outdoors, for barbecues and laughs on the front porch with your neighbours, a time to explore new or old trails after the snow has melted away, a time to sow seeds and plant flowers. Bring it on!

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5 SPRING ACTIVITIES FOR THE ENTIRE FAMILY! New and Revisited Ideas!

1. CHECK OUT THE TRAILS IN EAGLE POINT PROVINCIAL PARK

Spring means longer daylight hours and warmer weather! Enjoy Alberta's spectacular sunsets & spring evenings by taking the family out for an afternoon hike in Eagle Point Provincial Park. Remember to dress properly and make sure you've got rubber boots! Spring isn't spring without some puddles to play in! **You can download trail maps from our website.**

2. PAINT A ROCK, LEAVE A ROCK - Paint a rock, leave a rock is about using creativity to inspire, encourage and spread peace, love and positivity along our journeys. If you paint a rock, take a walk and leave it for someone to find. If you find a rock, take a picture to share the love and then hide it for someone else. The rocks you paint could have inspiring messages of hope or just be nice enough to make someone smile. Remember to ask when placing rocks on private property or public areas.

3. START YOUR OWN NATURE JOURNAL

Spring is the perfect time to begin a Nature Journal! Journalling is a great way to form a deeper, more personal connection to our natural world and can help relieve anxiety and stress while developing our senses. You can use a lined or plain notebook or **download our free My Nature Journal**. Print off the booklet or just the pages that inspire you.

4. GO BIRDING ON INTERNATIONAL MIGRATORY BIRD DAY!

There is no better time than spring to take up the hobby of birding! Migrating birds return from their southern and coastal habitats from early March to mid May and we wake to a dawn chorus of robins, sparrows, warblers, black-birds and more! Get a Bird Identification book or app, borrow or buy a pair of binoculars, head out to your nearest trail or wetlands, park or backyard. We encourage new birders to participate in **Global Big Day on May 13/2023** with our Eagle Point team!

5. GET A MEMBERSHIP TO ONE OF EAGLE POINT-BLUE RAPIDS PARTNER CLUBS. Many

clubs operate within the parks' boundaries and they are always happy to welcome new members - Drayton Valley Paddling Club, Brazeau Bowbenders, Evergreen Shooting Club, West Central Riverboat Association and the Brazeau ATV Club to Pembina Nordic Club offer a wide variety of opportunities for you to reach your recreational goals this year.

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Upcoming Events in our Parks



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Summer Day Camp Registration is now open for our 2 sessions. Register early to avoid disappointment. Visit our website, <u>complete the registration form</u>, then <u>visit our shop</u> to pay online.



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2023

Download 50 Birds Full Size Brochure on our website



Great Locations to Discover Birds in & around Eagle Point Provincial Park & Blue Rapids Prov. Recreation Area.

- Pembina Nordic Centre, 7010 Twp 494, Rocky Rapids. AB (American Redstart, Rose Breasted Grosbeak
- (Baid Eagle, Peregrine Falcon, Canada Goose, Ring-Billed Gull, Song Sparrow, White-Crowned & White Throated Sparrows)
- (Western Tanager, Pleated & Hairy Woodpeckers, Black Capped Chickadee, Red Eved Vireos, Swainson's Thrush)
- Rotary-Pembina Nordic Community Trails South (next to the Riverview Cernetery, Drayton Valley) (Black-
- Wetlands, Blue Rapids Provincial Recreation Area
- (Downy & Hairy Woodpeckers, Bufflehead, Mallard,
- Bald Eagles, Tree Swallow, Cedar Waxwing)
- Hamlet of Buck Creek, AB (Evening Grosbeak, Purple Finch, Rose Breasted Grosbeaks, more)
- Lions West Valley Park, Drayton Valley (fellow Warbler, Yellow-Rumped Warbler, Magpie, Pileated Woodpecker, American Grow, etc.)
- Ivan-To Park, Drayton Valley (Cedar Waxwing, Red-
- Backroads west of Drayton Valley (Yellow Bell
- Swainsons Thrush, Pileated Woodpecker, Merlin)
- Sparrow, House Wren, Ring-Billed Gull, American Robin)

50 Birds of Eagle Point & Blue Rapids































1600





- Rufled Grouse and a variety of warblers)
- Wiley West Campground, Eagle Point Provincial Park
- Hiltop and Hillside Trails, Eagle Point Provincial Park
- apped chickadees, Red Eyed Vireo, Western Tanager, Bald Eagle, Yellow Rumped Warbler, Hairy Woodpecker)
- Solitary Sandpiper, Blue Jay, Yellow Bellied Sapsucker) Brazeau Dam, Brazeau County (variety of waterlow)
- Common, Northern Ricker) Buck Lake Provincial Recreation Area (variety of
- waterfowl, variety of sparrow and warbler species.

- Winged Blackbird, Mallard, Solitary Sandpiper, Commo Ideneye, Magpie, Canada Goose, etc.)
- Sapsucker, Great Gray Owl)
- River Valley (Baltimore Orioles, Western Tanager
- Town of Drayton Valley (Rock Dove, Merlin, House

LEGEND Year Round Resident Migratory Bird

- Common near/on Wate
- Forest Dweller
- Bird Feeder Visitor
- Threatened or Species of Special Concern 0
- Introduced/Non-Native . Species
- Prefers shrubby habitat
- Found in mixed woods with open grass areas
- . Common in urban locations
- . Nests and hunts from high cliffs

The ranges noted in the legend are a guideline for where to look for these species in their natural habitat. Some species may be found in a variety of abitate

For a full list of bird species found in For a full list of bird species found in Eagle Point Provincial Park and Blue Rapids Provincial Recreation Area, you can visit our website at www.epbrparkscouncil.org/explore/ ants-animals-geology



















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Adventure Awaits....

BLUE RAPIDS parks council

Which eggs belong to which birds?





lona

These eggs are about 5 cm long



These eggs are about 3 cm long



These eggs are about 5.3 cm long



These eggs are around 3.6 cm long







lays 3 to 7 eggs in March or April



BLUEBIRD



What kind of scat is this?

- a. Skunk
- b. Canada Goose
- c. Yellow Warbler
- d. Snowshoe Hare

Heading out to our two Parks this spring? Show us what you love about our Parks with your photographs by tagging us at #iloveEPBRParks





GREAT GREY

lays 2 to 5 eggs

in March - May

OWL



lays 4 to 8 eggs

in April - May

CANADA GOOSE



lays 2 to 9 eggs in March or April

RUFFED GROUSE



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Questions or **Suggestions?**

Eagle Point-Blue Rapids Parks Council

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Enjoy these informative Links!

- LEAVE NO TRACE Outdoor recreation comes with responsibility. Explore without harm.
- Geocaching.com Discover Geocaching! A worldwide, year round scavenger hunt and it's free!
- Nestwatch Where Birds Come to Life! Awesome website for the family.
- Canadian Geographic for Kids features a wealth of Animal Facts!
- Explore the Wondrous world of Alberta's lichens with the Alberta Biodiversity Monitoring Institute
- Explore the Frogs & Toads of Alberta through photos, videos and audio.



Eagle Point-Blue Rapids Parks Council thanks our supporters for their continued support of our programs! Our featured supporter of our Spring 2023 edition is Weyerhaeuser Drayton Valley.